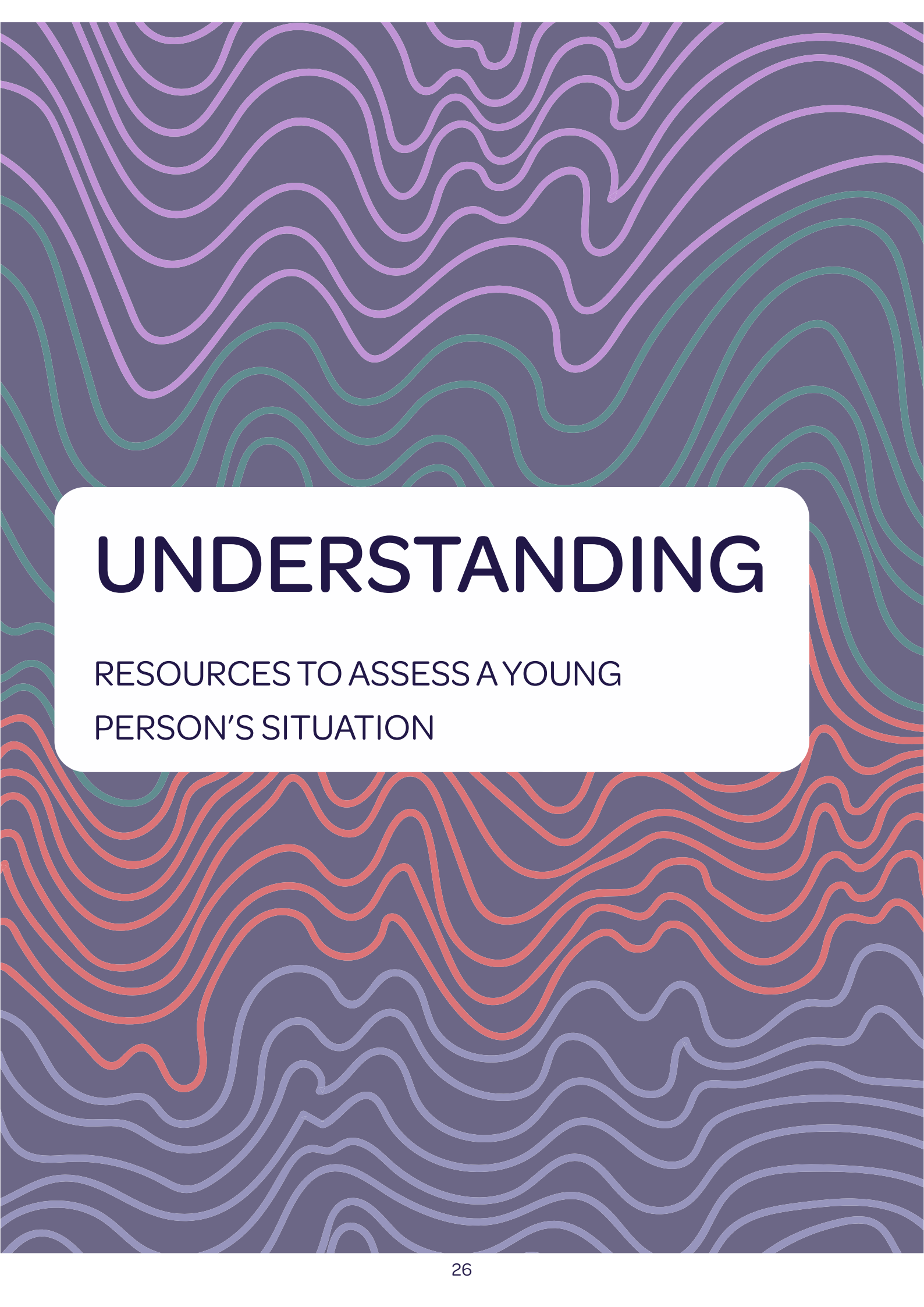




UNDERSTANDING

RESOURCES TO ASSESS A YOUNG
PERSON'S SITUATION



Getting it Right for Every Child (GIRFEC)* is a framework for working with children and young people, developed by the Scottish Government in 2006. It is central to the policies which support children, young people and their families. Both statutory services and third-sector organisations use it in their work.

The approach has children's rights at its heart and aims to enable children and young people to get the help and support they need when they need it and from people best placed to do so. GIRFEC seeks to help children and young people flourish in an environment where they feel safe and loved to reach their full potential.

The Scottish Government has produced national GIRFEC resources for family members and professionals to enable them to better support children and young people. Eight factors are used to talk about and measure a child or young person's wellbeing: safe, healthy, achieving, nurtured, active, respected, responsible and included, which are known as SHANARRI.

The policy promotes interagency working and nominating a named person so that families have a clear point of contact. It demonstrates a commitment to improving how support for children and young people who need a range of additional support is planned, together with guidance on how this can be shared across services providing the support.

Some Listening Fund partners use the GIRFEC resources to support their work with children and young people. This toolkit suggests how to use GIRFEC resources, to help practitioners working in this sector.

*<https://www.gov.scot/policies/girfec>

GIRFEC: MY WORLD TRIANGLE

Engagement activity for young people

My World Triangle is one resource that forms the Government's Getting it Right for Every Child (GIRFEC) policy. It is a mind map used to holistically understand a young person's situation with the child at the centre.

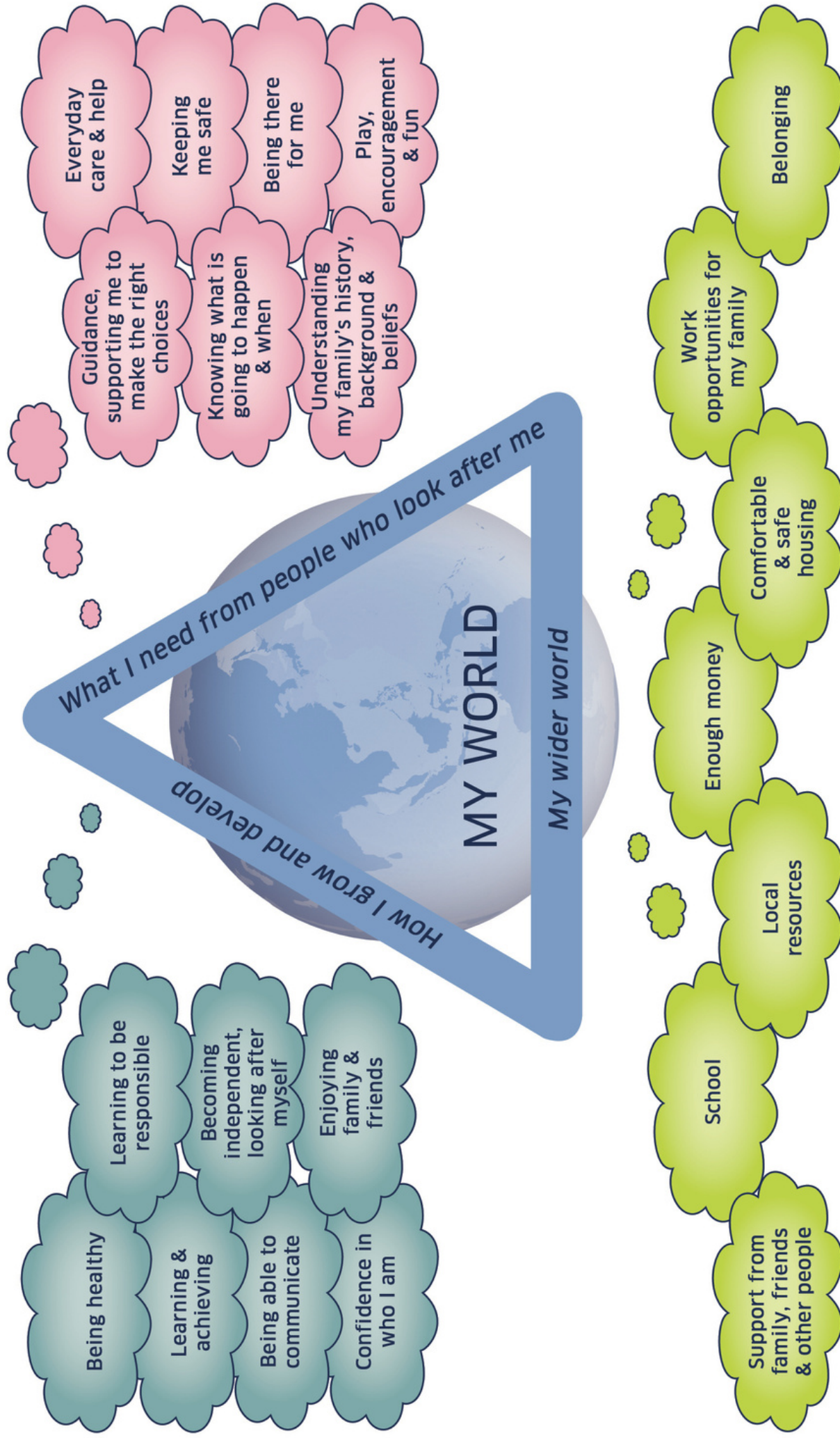
The three edges of the triangle are:

- How do I grow and develop?
- What do I need from people who look after me?
- My wider world

Discussing and reflecting on the topics on the worksheet helps young people to understand all the factors in their life which affect their well-being and development, including Physical, Educational, Social, Emotional, Spiritual and Psychological.

My World Triangle worksheet can be shared step by step with young people, ensuring they understand each area and how it connects to others to make up a whole picture of their life. Making a well-being assessment using the SHANARRI well-being web or the Wheel of Life is a great next step.

My world triangle



The whole child or young person: Physical, Social, Educational, Emotional, Spiritual & Psychological development

GIRFEC: WELLBEING WEB (SHANARRI)

Engagement activity for young people

The well-being web comprises eight different areas, each rated to give an overall impression of a child or young person's well-being. They are safe, healthy, achieving, nurtured, active, respected, responsible and included (SHANARRI) and referred to as the 'indicators of well-being.'

Each area has a prompt within the circle, which explains what it means to a child or young person. The well-being web determines a child or young person's 'baseline' and measures progress and change over a more extended period. It can be used with a child or young person individually and separately with their parent or carer to identify key issues as they arise.

Working with the child or young person, ask them where they are on a scale of 1-10. Try to find out why they chose this rating and get more information about what may be happening to them if necessary.

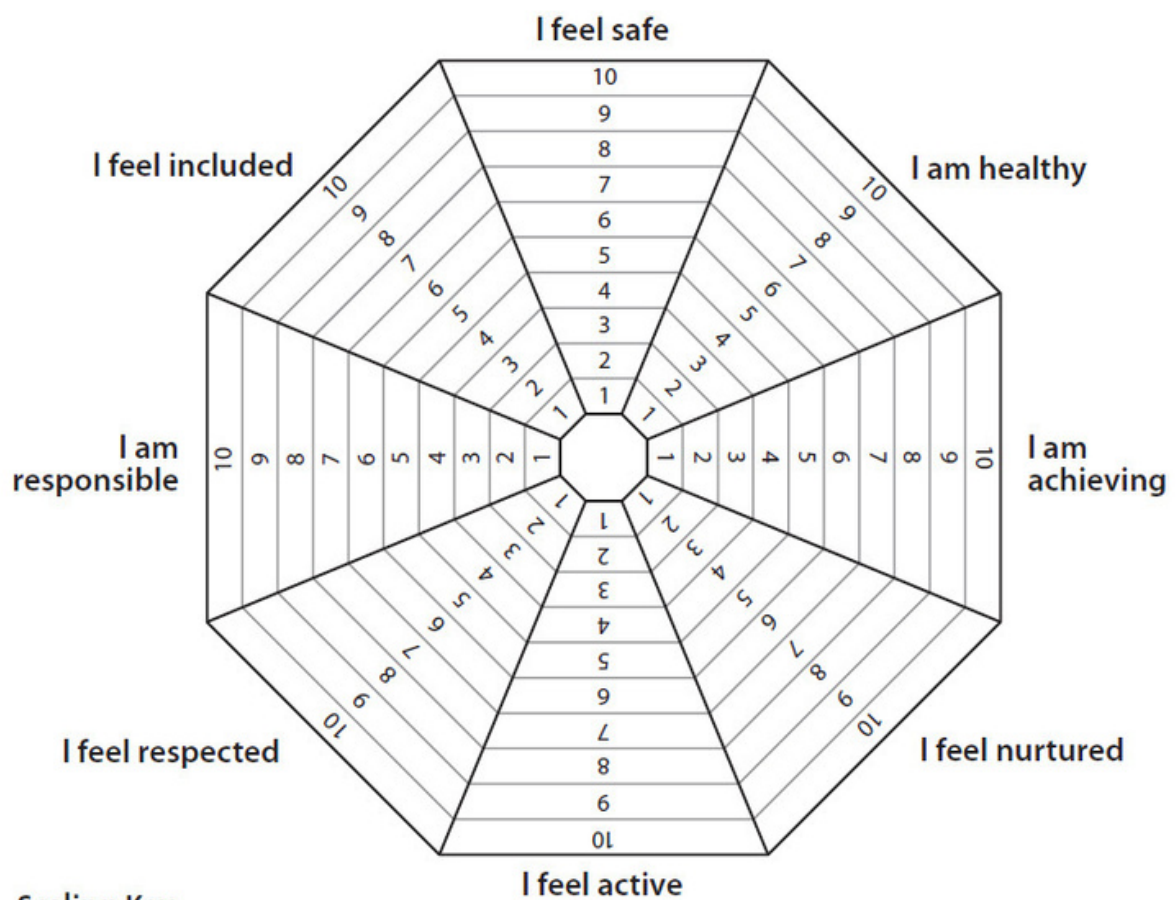
The goal is to arrive at a mutually agreed point for each of the eight areas, so it's also good to discuss why you might have rated an area differently and why perceptions of that area may differ.

Using the worksheet on the next page and coloured pencils, discuss each area with the child or young person and decide on a score together, which they mark on the web. Once each of the areas of the web has been addressed, join the numbered points to create a shape. You can then discuss the formation of an action plan together based on the scores.

Wellbeing Web

Name

Date of Completion Name of Worker



Scaling Key

1 = Not at all true of me

10 = Very true of me