

As you sit down

- If you have any issues with scanning, please let one of our staff know.
- Please scan the QR code and fill in the details
- This information will be used for this workshop only and will be deleted at the end of the session
- No information will be passed to other parties





scottish sports *futures*

Understanding impact and gathering learning to transform young lives through sport.

Share the tools and systems utilised in supporting work with young people, directing the organisation's priorities, and approach to partnership working.



Understanding Impact

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Our Vision

A world in which every young person fulfils their potential.



Our Mission

We use sport as a catalyst to enable young people to be healthier, more confident and more resilient, so they are better prepared to combat the effects of poverty, trauma and adversity





Our Values



We are compassionate, understanding and always listening



We are decisive, ground-breaking, experts in what we do.



We are diverse, equitable and inclusive by design



We approach all our work with dedication, love and care

Our Personality



It's not about us it's about the young people



The right path isn't always the easiest



We are tireless in doing the right thing



We are caring and put people first



Programmes

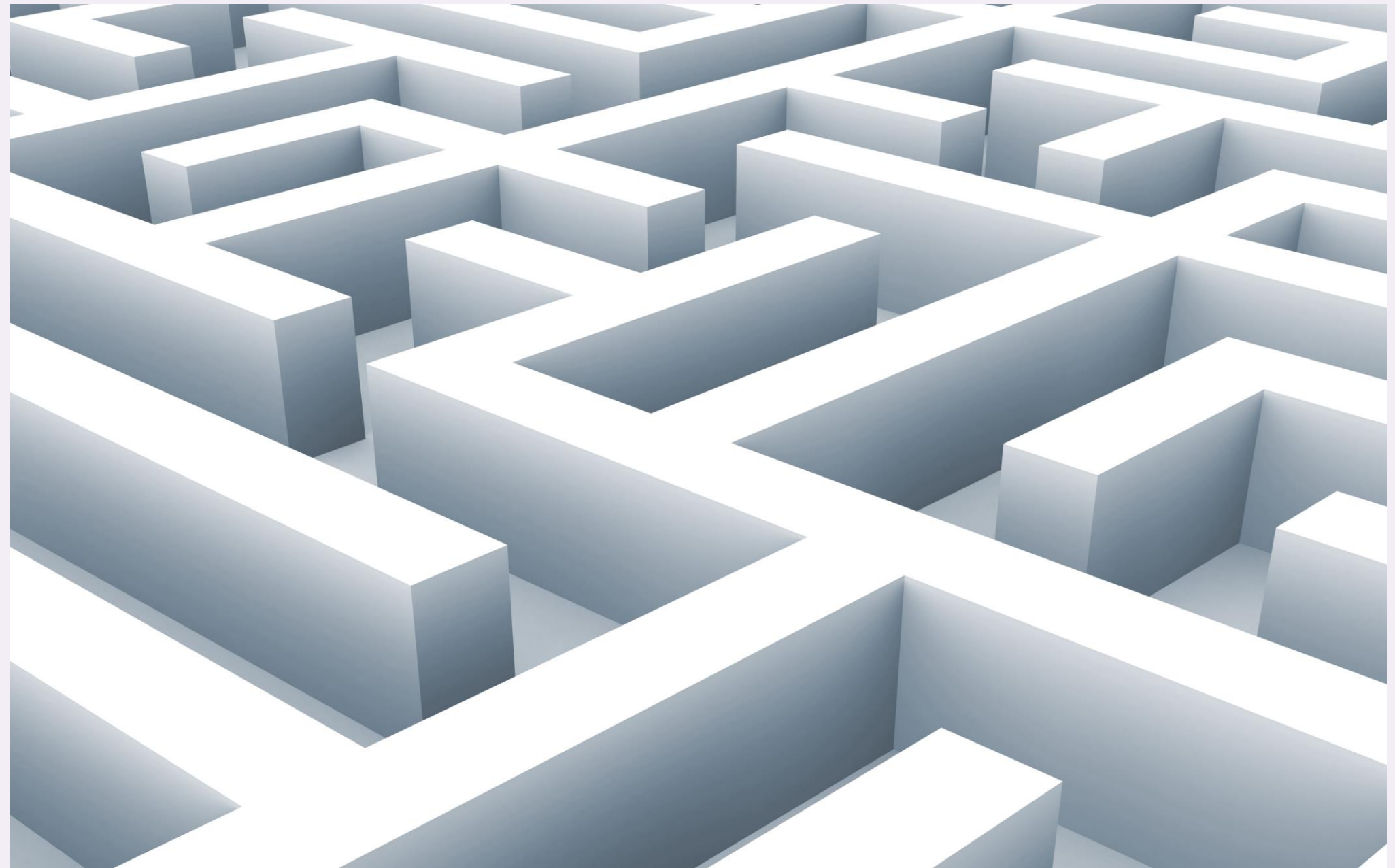
- Young person led
- Delivered in partnership
- Needs led
- Designed with young people
- Targeted where they have the most impact
- Supported by a skilled workforce
- High quality



*All SSF programmes incorporate Mental Health & Wellbeing

Understanding the issues

- Growing Organisation
- Multiple Team Autonomy
- Scattered Information
- Staff Changes
- Funder Hunt
- Complexity



Evaluation Framework

- Start from the beginning and take a massive step back!
- More focus on fewer outcomes
- Create an information hierarchy
- Training Staff
- Assess the tools to hand
- Templates
- Central Data Point



Practical Tasks



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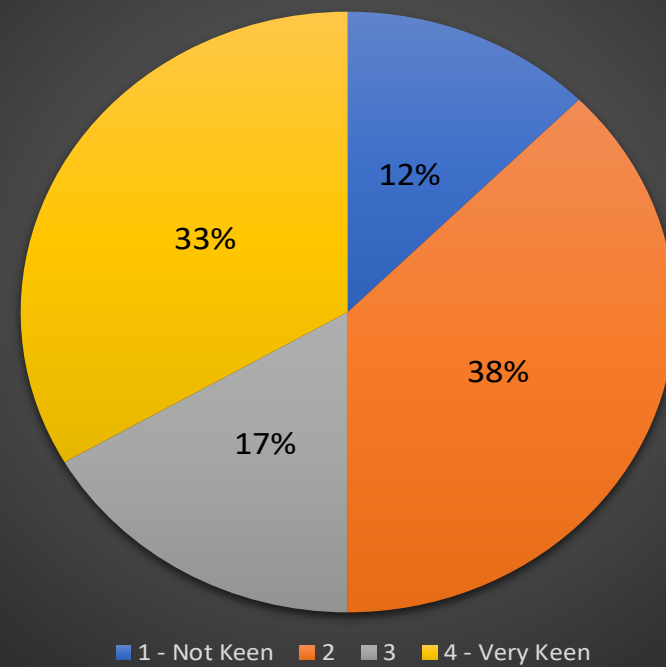
- Activities will be very light
- No running involved
- You are welcome to sit out

The Baseline

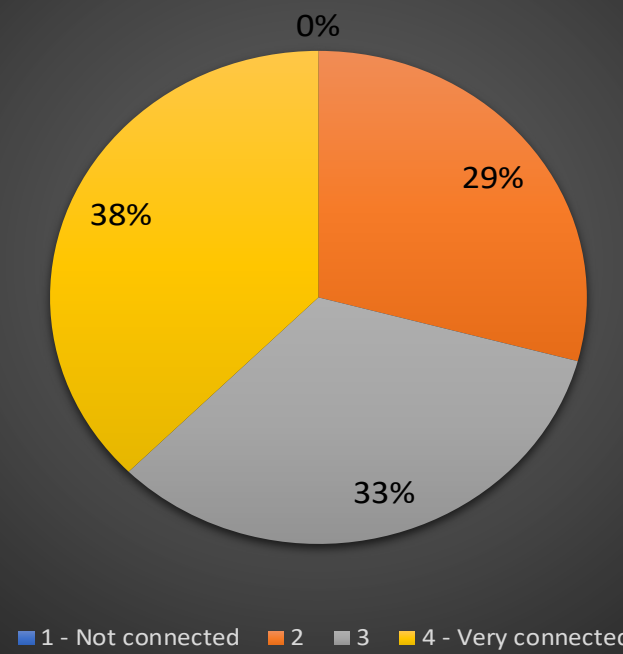


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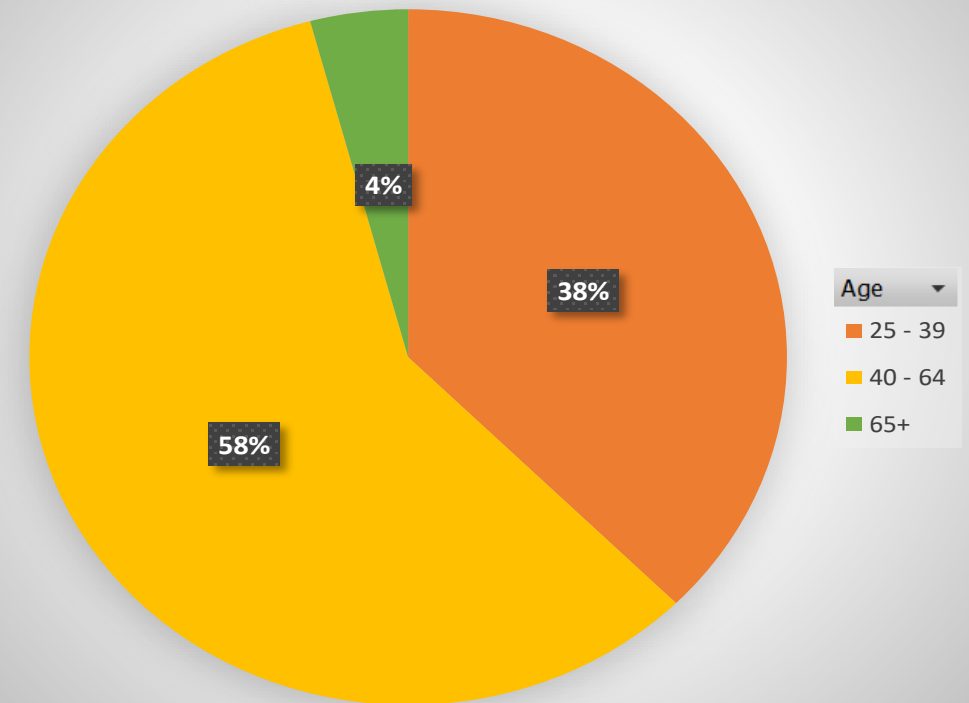
Feelings Towards being Active



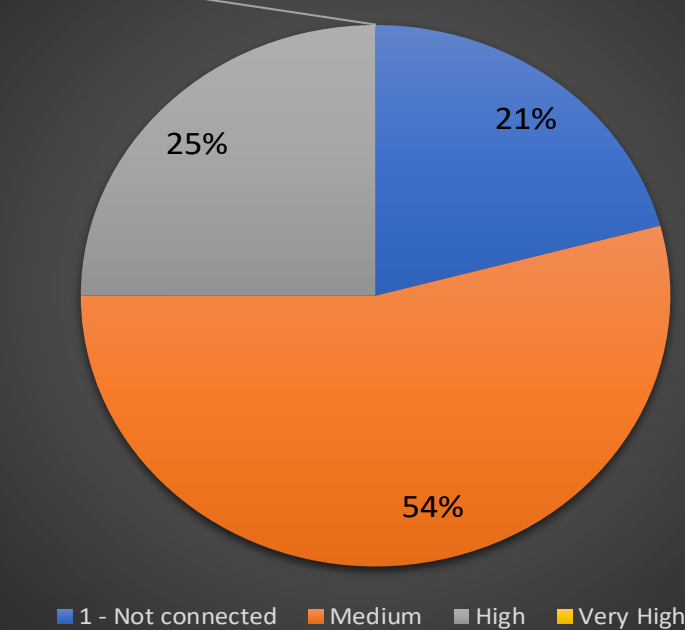
The importance of sport and physical activity



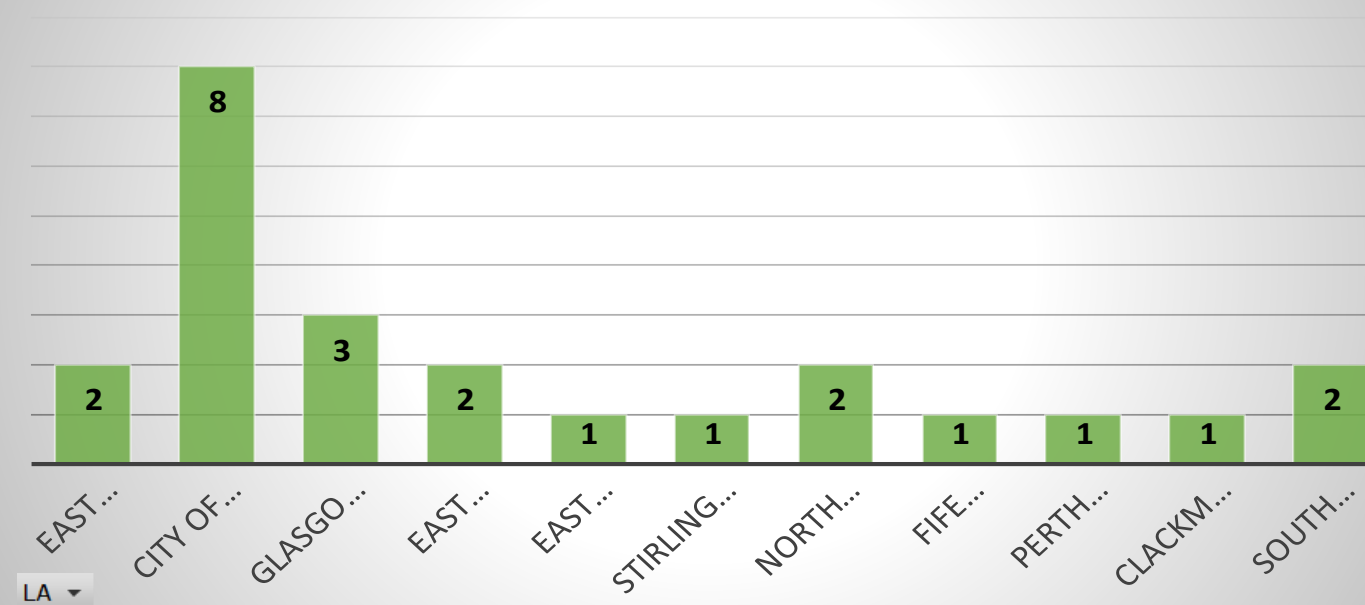
Age Breakdown



Sense of Belonging



Local Authority



The Individuals Story



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Name	Beth Friend
Age	25 - 39
LA	City of Edinburgh Council

How did you feel about today, before we began?

Good, excited. Morning session was fun

How did you feel doing the interactive sections?

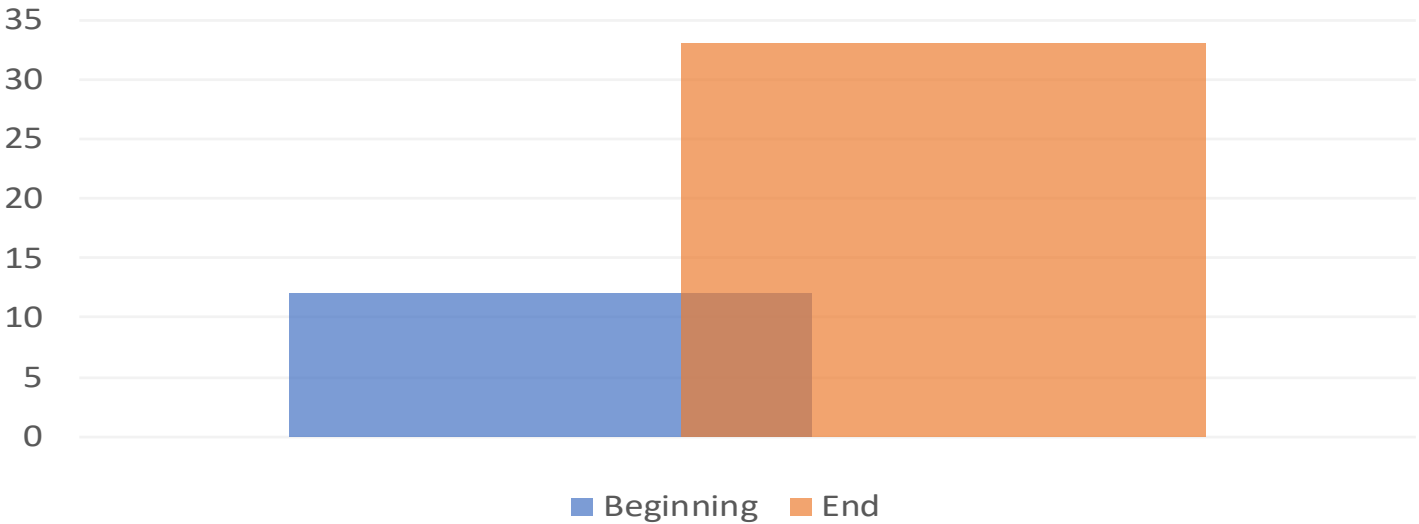
Slightly nervous.

Did the active section help you a better sense of belonging within the group?

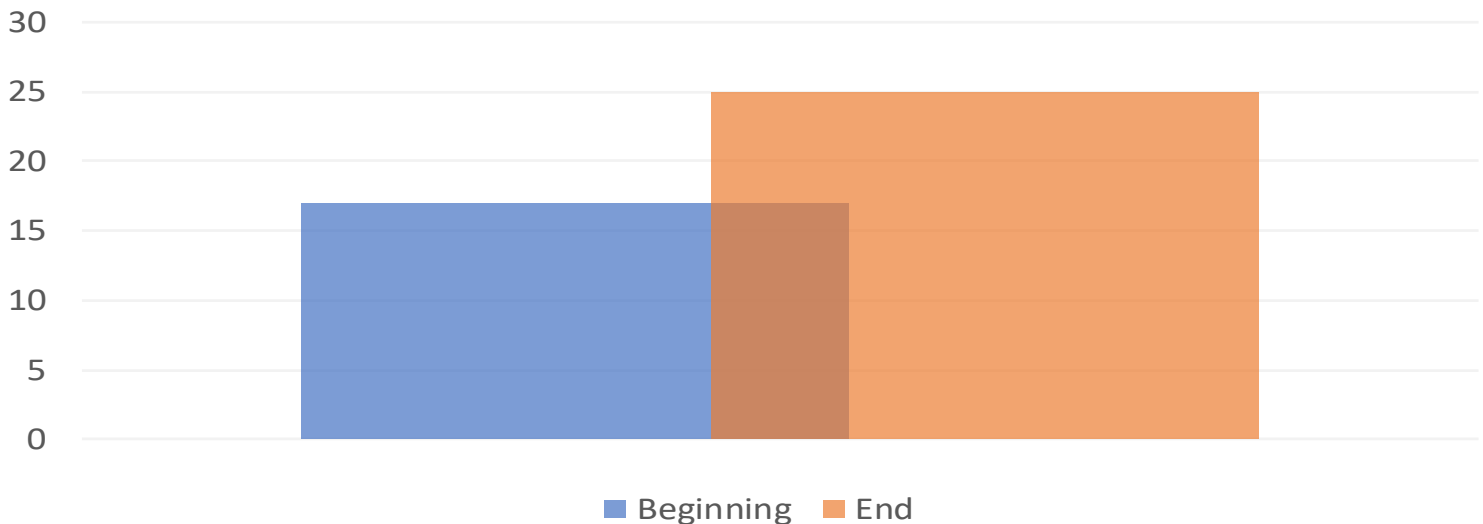
Yes absolutely

Organisational Direction

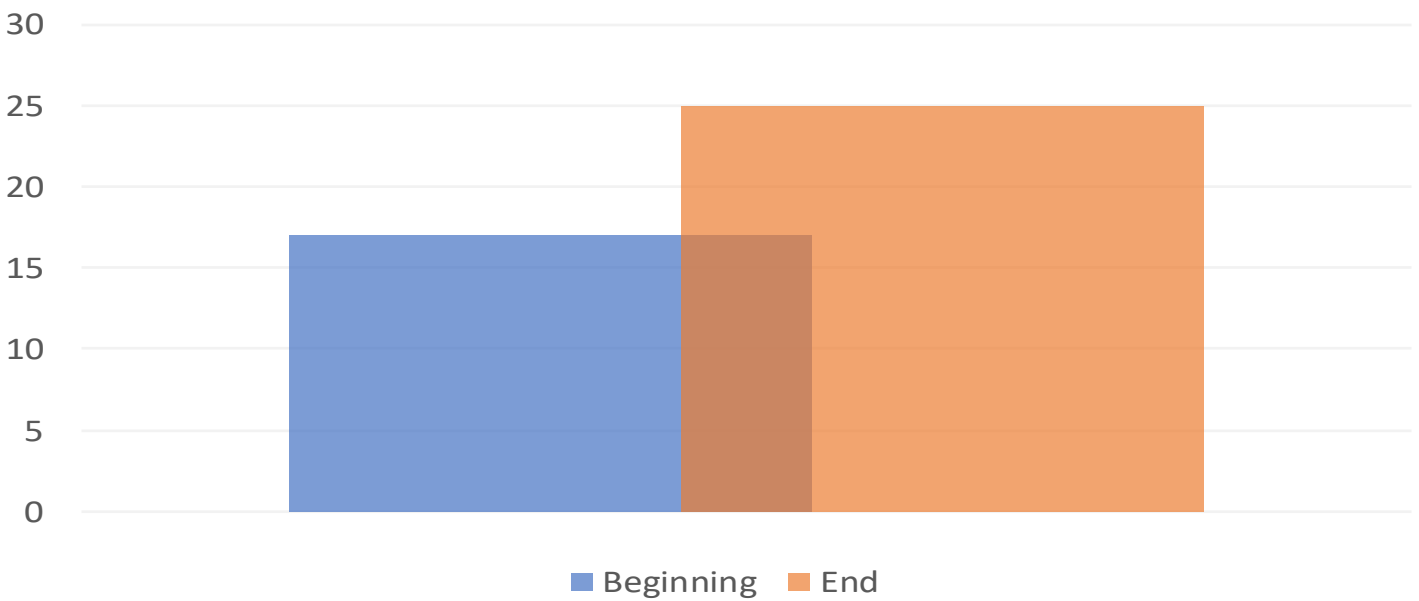
Change in perception on physical activity



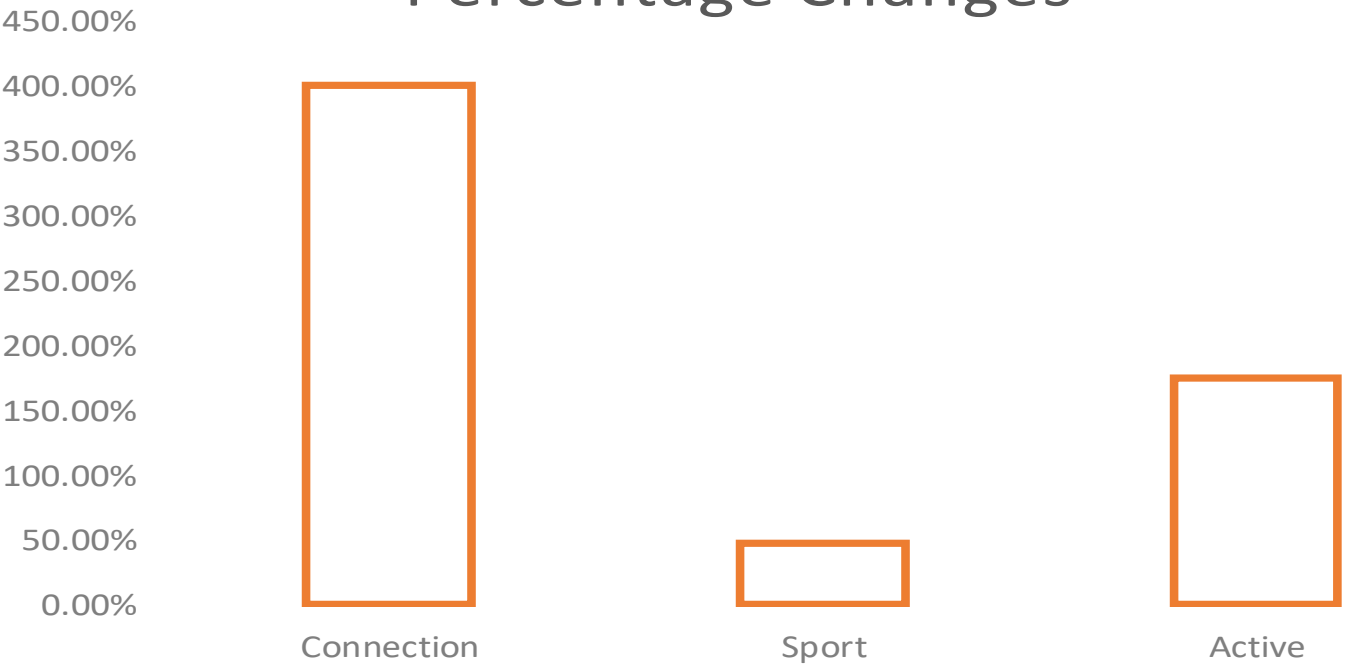
Change in perception on belonging



Change in perception on sports impact



Percentage Changes



How this has helped

- Faster access to data
- Accessible Resources
- Continuity
- Staff participation
- Build reports that are tailored to each funder
- Organisation Oversight.





Scottish Sports Futures (SSF) @S... · 6d

SSF Young Leaders in Fallin have been gearing up for their first volunteering opportunity

They have been undergoing disability inclusion training, getting ready to contribute to the Scottish Disability Sports Para Sports Festival!

@TNLComFundScot @CashBackScot



Scottish Sports Futures (SSF) reposted

SV Enterprise @StirVolu... · 29/02/2024

Sandeep and Chanelle from @SSF_2000 support a 'Leap into Volunteering'

To find out more about Scottish Sports Futures and how you can support them go to ssf.org.uk

#leapintovolunteering #volunteer



Chanelle Gallagher
@Chanelle_SSF

The @FoundationBetty transition session at BHS has been completely co-designed and co-delivered with teenage girls from @BannockburnHigh. From initial programme ideas, gaining the funding, delivering the sessions, even leading M&E! Total superstars and role models! PROUD



scottish sports futures

NEW REPORT SHOWS THE IMPACT OF POVERTY ON SCOTLAND'S YOUNG PEOPLE

September 12, 2022



Scottish Sports Futures

<https://ssf.org.uk> > trauma-and-po...

NEW REPORT SHOWS THE IMPACT OF POVERTY ON SCOTLAND'S YOUNG PEOPLE

12 Sept 2022 — “The Violence Reduction Unit Scotland has been supportive of SSF's trauma-informed work with young people across Scotland for many years. This ...

A young woman with long blonde hair, wearing a blue hoodie, is smiling and looking upwards in a gymnasium. The background is blurred, showing bright lights and a colorful banner.

pre-Covid and post-Covid, I think it's been amazing.

Q&A



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Info@ssf.org.uk



0141 218 4640



www.ssf.org.uk



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