



Community Stories

Corra believes that when people speak out about things that matter to them, they can make real change happen. We want to listen and learn about:

- How the coronavirus pandemic has affected people's lives.
- How communities have responded and supported each other.
- What needs to change if we want to 'build forward better'.

Your Stories

We'd love to hear from you, **especially if you don't feel your voice is being heard.** We can give you the support you need to tell your story. This could be through a short blog, video, voice note, or a chat with one of the Corra team.

Some of the questions you could think about are:

- What have you found most challenging?
- What has changed most in your life?
- How have you or other people in your community been supporting each other?
- Is there anything that has given you hope during the crisis?
- What do you think should be different about Scotland after this crisis is over?
- What needs to change to make things better than they were before?

How can you tell your story?

Here are some ways to help capture your thoughts and feelings:

- Share photos (you could take these on your phone).
- Write a blog, a poem, a short quote, share a diary entry.
- Through Art: a painting, a drawing or sketch, a cartoon.
- A video diary, audio file (your phone is a good tool for this).
- Record a conversation between you and a friend or relative.
- You can join in on the conversation online with **#SameStormDifferentBoat** via Corra's [Facebook](#), [Twitter](#) and [Instagram](#) accounts.

These stories will help build up a picture of what's happening in Scotland. We'll try to make sure they're heard by people who are making decisions now, and as we rebuild after the crisis.

As well as gathering and sharing stories, we'll be thinking about how we can help people take part directly in discussions about what Scotland needs to look like in the future. If you have any ideas about this, we'd love to hear them.

If you need help to do this, please email shasta@corra.scot and we can have a chat.